



Contacting Your Spirit Guide

By Browne, Sylvia

Hay House, U.S.A., 2005. Hardcover. Book Condition: New. Dust Jacket Condition: New. 12mo - over 6³/₄ - 7³/₄" tall. Hay House Inc, United States, 2005. Mixed media product. Book Condition: New. Revised edition. 168 x 147 mm. Contacting Your Spirit Guide is divided into two parts. In the first sections, Sylvia Browne helps you find your spirit guides - the entities who are designated by you and God to assist you with life and give you guidance. You will not only learn how to tune in to this guide or guides, but you will also see how you can recognize who they are, the messages they can give you, and even discern what their names are so you will know how to refer to them. In the second part of the book, (A Day in the Life of a Spirit Guide), Sylvia writes intimately about her spirit guides, Francine and Raheim. Francine then tells her own story through Sylvia about what a day is like for her, and the book even includes actual transcripts from a research trance. Sylvia's love and respect for Francine and Raheim is evident throughout the stories that are presented. It becomes clear...



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