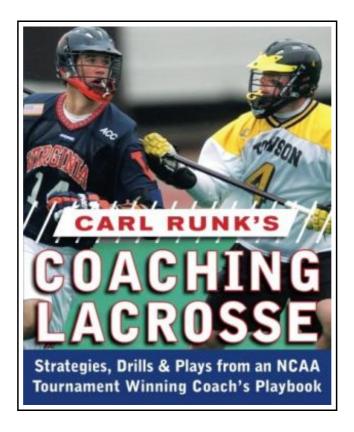
# Carl Runks Coaching Lacrosse: Strategies, Drills, Plays from an NCAA Tournament Winning Coachs Playbook



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#### Reviews

If you need to adding benefit, a must buy book. It really is rally interesting through reading through period. Your way of life period will probably be convert as soon as you total looking over this book. (Ms. Kirstin O'Kon)

# CARL RUNKS COACHING LACROSSE: STRATEGIES, DRILLS, PLAYS FROM AN NCAA TOURNAMENT WINNING COACHS PLAYBOOK



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McGraw-Hill. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 9.0in. x 7.3in. x 0.6in.From one of the most successful coaches in NCAA history, the only total lacrosse instructional for high-end championship play at every level Filled with his beloved personal style and know-how, Carl Runks Coaching Lacrosse goes beyond Xs and Os to give you expert guidance for inspiring excellence in your team. Packed with illustrations and diagrams, this handbook covers all the fundamentals and equips you with drills and strategies for firing up your players. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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